

A Home Healthy Choice!

Today, more than ever, Home Health is a realistic approach to health care.

When in need of skilled nursing or rehabilitation therapies, availing them in the comfort and familiarity of your surroundings has a positive effect on the recovery process and your overall health. Home Health care is not intended to replace a physician's care or institutional care, but to meet the needs of clients who do not require the services of a hospital or nursing home. Home care offers an alternative to extended hospital stays or nursing home placement. Also, outpatient services such as IV infusion, wound care and dressing changes, can be successfully done at home. Consult your physician, or call us to find out if these services are covered by your insurance and would be a good alternative for you.

Nondiscriminatory Policy

Alpine Home Health does not exclude, deny benefits to, or otherwise discriminate against any person on the grounds of race, color, or national origin, or on the basis of disability or age in admission to, participation in, or receipt of services and benefits of any of its programs and activities or in employment therein, whether carried out by Alpine Home Health, or through a contractor or any other entity with whom the company arranges to carry out its programs and activities. This statement is in accordance with the provisions of Title VI of civil rights act of 1964, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and regulations of the U.S Department of Health and Human Services issued pursuant to these statutes, Title 45 Code of Federal Regulations 80, 84 and 91. Other federal laws and regulations provide similar protection against discrimination on grounds of sex or creed. In case of questions concerning this policy, or if you wish to file a complaint alleging violations of the above, please contact us at 1-800-372 3905.

COMPLETE HOME HEALTH



*Our motto is-
To Serve, With Love...*

[Alpine Home Health and Alpine Assisted Living facilities are affiliates of the Alpine Healthcare Group.]

Toll-Free:

Phone: (800) 372 3905

Fax: (866) 350 8247

E-mail: admin@AlpineHouse.net

www.AlpineHouse.net/HomeHealth



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... the spirit of caring!

Our Guarantee

We at Alpine Home Health guarantee you the highest standard of home care. Our personnel are carefully screened and supervised.

Our Services include:

- 24- hours accessibility to a Nurse
- Skilled Nursing- RNs and LPNs
- Home Health Aides
- Physical Therapy
- Occupational Therapy
- Speech-Language Pathology
- Medical Social Services
- PASSPORT/OFI/Waiver Services
- Private Duty Services
- Assistance with home medical equipments/supplies

Our Mission

We are a health services provider with the commitment to strive continuously to surpass the expectations of our customers, employees, and the community.

In order to accomplish this-

- *We will be uncompromising in our standards of conduct and quality of services.*
- *We will recruit, train and retain those individuals we believe embody the true spirit of caring and demonstrate time-honored values such as honesty, respect, and dependability.*
- *We will challenge ourselves to develop as individuals and grow as a company, that we may better serve those in our care.*

We will feel that we have accomplished our daily mission, if each of us has treated every individual with dignity and professionalism.

Medicare

Under the Medicare program, home health care has emerged as the most cost-effective alternative to prolonged hospital stays and nursing home placement. To qualify for Home Health Care under Medicare:

- *The client must be under a doctor's care.*
- *The client must have a medical need that requires and is appropriate for the skilled service ordered.*
- *The client must have limitations to their functional independence, and be home-bound.*



Your healthcare providers

- **Nurses (RN/ LPN):** Services include assessments, patient care, patient and caregiver education, blood draws, wound care, medication set-up and administration, IV therapy, etc. A nurse is on-call 24 hours a day, 7 days a week.
- **Home Health Aides:** Provide supportive care under the supervision of a nurse, or therapist. Services include personal care such as bathing, dressing, preparing light meals, light housekeeping, assistance with exercise, or walking. Aides do not administer medication but may remind clients when it is time to take medication.
- **Physical Therapists:** Evaluate and treat a variety of physical conditions using agents such as manual techniques, ice, water, heat, laser, electrical stimulations, shortwave diathermy, ultrasound, exercise, etc.
- **Occupational Therapists:** Evaluate and treat physical and mental conditions via 'occupation' of the human mind and body in purposeful activities to promote function. They may use a variety of tools such as exercise, adaptive devices, adaptations, heat / cold therapy, electricity, etc. to improve on components required to perform daily life activities.
- **Speech-language pathologists:** Evaluate and treat swallowing and communication disorders .
- **Medical Social Workers:** Counsel clients/ caregivers on social and emotional factors, and help find community resources.

Our Certifications

We are certified by Medicare and Medicaid. We are also enrolled as preferred providers with several health insurance programs. We accept Workman's Compensation, Veteran's Administration, most private health insurances and private payments. If you are unsure of your insurance coverage, please call us and we will check your policy for you.

How is Home Care Initiated?

Home Care can be initiated with a phone call from you or by a written referral from your doctor, hospital or nursing home.

Will my insurance cover home health services?

Depending on the insurance policy, several or all of the services you require may be covered. Home health services must be ordered by your doctor as he or she will determine your treatment plan. Once your treatment plan is in place, we will initiate your plan with home care nurses, therapists and home health aides. Also, you must have a condition that requires skilled professional care. Depending on your policy, this care may be provided intermittently or by private- duty personnel.